



40081 Dupont PO, Toronto, ON, M5R 0A2

APPROVALS

Version 1: June 5, 2020

Version 2: June 12, 2020: Section 6 b. changed. Changerooms onsite will be closed.

Version 3: June 26, 2020: Definitions updated. Group size limitations adjusted in Section 3. All references to '6 feet' changed to '2 metres'. Responsible parties for disinfection added to Section 4-e. Spectators limited to one spectator per athlete in Section 8. Individual changing stall guidelines updated in Section 6-b.

Version 4: August 3, 2020.

- Group size limitations adjusted in Section 3.
- Additional rules for the jump takeoff switch and sprinkler switch added to Section 4 and Section 4.b.i.
- Daily requirement to take Government of Ontario's self-assessment tool added to Section 7.c.
- Additional duty to report responsibility added to Section 9.b.

Version 5: September 24, 2020. Exception to the '2 metre rule' created in Section 2.h. to allow for certain medical and sport professionals to operate within 2 metres of a person.

Version 6: June 9, 2021. Protocols updated to align with Step 1 of Ontario's Roadmap to Reopen; Physical Distancing (2) requirements increased to 3 metres, with some additional changes; Group Size (3) and Disinfection (4) requirements updated.

Version 7, June 30, 2021: Updated with Step 2 requirements. These updates effect spotting, physical distancing, and spectators. Changes highlighted in yellow.

Version 8, July 16, 2021: Updated with Step 3 requirements. These updates effect spotting, physical distancing, spectators, and facility capacity limitations. Changes highlighted in yellow.

FREESTYLE ONTARIO WATER RAMP & TRAMPOLINE FACILITY COVID-19 REOPENING PROTOCOLS

PURPOSE

Under the adjustments to the Government of Ontario's Roadmap to Reopen certain sport facilities are permitted to operate, providing certain measures are met.

The COVID-19 situation is dynamic and constantly evolving. These guidelines may be updated at any time to reflect changes to public health and safety requirements. The safety of our community remains our top priority throughout this process.

The purpose of these protocols is to support the safety of Freestyle Ontario's Water Ramp & Trampoline Facility users while Ontario's sport sector begins to reopen.



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These protocols are only applicable to Freestyle Ontario's Water Ramp & Trampoline Facility, located at Horseshoe Resort, 1101 Horseshoe Valley Rd W, Barrie, ON L4M 4Y8. These protocols do not cover activities that occur at similar facilities at other locations in the province, country, or world.

These protocols are to work in conjunction with Freestyle Ontario's COVID-19 Protocols.

These protocols are to work in addition to any policies or guidelines that Horseshoe Resort and/or each Freestyle Ontario member club may have.

These protocols are intended to only address matters relating specifically the COVID-19 pandemic, and do not replace any other safety protocols, practices, or policies that may exist in relation to the safe use of the facility.

All facility users are expected to use their best judgement when deciding how and if to use the facility. The choice to use the facility is voluntary on behalf of the participant.

DEFINITIONS

Session: A designated period of time within the day that a training group uses a specific part of the facility. A day may consist of multiple sessions. For example, a group may run one ramp session from 10:00 am to 12:00 pm, a trampoline session from noon to 12:00 pm to 2:00 pm, and another ramp session from 2:00 pm to 4:00 pm.

Jump Takeoff Switch: The electronic switch/button that activates the raising or lowering of the jump's takeoff point.

Sprinkler Switch: The switch/button that turns on/off the sprinkler system.

Facility Guest: Any person using or entering the facility.

PROTOCOLS

1. Government Regulations: If a topic is not covered in this document, FO members are to refer to the appropriate government regulations and public health recommendations to guide their actions.
2. Physical Distancing: Facility guests must maintain a minimum distance of 2 metres between themselves and every other person at the facility, unless:
 - i. Medical Emergency: The situation is a medical emergency that requires the 2 metre rule to be broken for the purpose of health and safety.
 - ii. Medical Services: The person is a physiotherapist, athletic therapist, registered massage therapist, medical doctor, nurse, or some other



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qualified medical professional that requires the person to be within **2 metres** of their client, patient, or athlete in order for them to perform their services, and the below criteria is met:

- The local regional, provincial, and national laws and health guidelines permit the sport or medical professional to operate within **2 metres** of their client, patient, or athlete, *and*;
- The sport or medical professional has shared with Freestyle Ontario their COVID protocols, and the club has approved the medical professional to operate within **2 metres** of their client, patient, or athlete using these protocols, *and*;
- The client, patient, or athlete is comfortable with the sport or medical professional to work with them within **2 metres**.

iii. Households: The persons are of the same household.

iv. Necessary for Teaching and Instruction/Spotting: It is necessary for effective teaching or instruction between two people to occur (e.g. mat or hand spotting on a trampoline). In this circumstance, at least one person must be wearing a mask of face covering. If hand spotting, the spotter must wash or sanitize their hands after spotting.

v. Athletes: The athlete is actively engaged in a sport activity (e.g. water ramp training or jumping on the trampoline). Athletes who are actively engaged in a sport activity do not need to practice physical distancing. For greater clarity, being engaged in a sport activity refers to actually *doing* the sport activity. Taking a break or waiting for a turn on the trampoline still requires physical distancing.

For greater clarity, spectators must maintain a physical distance of 2 metres from anyone outside their household, regardless of if they are inside or outside the fenced in area.

3. Group Size & Capacity: The maximum number of people (including athletes, coaches, staff, volunteers, etc...) allowed within the fenced in area of the facility is 45.

- a. Subject to the limitations listed above, it is the responsibility of the coach to determine if they have the capacity to provide the proper duty of care to their athletes. It is the coach's responsibility to determine if their group size must be reduced in order for them to provide a proper duty of care.



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4. Cleaning & Disinfection: The following disinfecting requirements must be followed:
 - a. The trampoline bed, trampoline mats, trampoline tarp touchpoints (i.e. the edge of the tarp), jump takeoff switch, and the sprinkler switch must be disinfected before and after each scheduled water ramp or trampoline session.
 - b. In addition to the above requirements, all gateway handles, doorway handles, locks, waxing iron handle, waxing table, must be disinfected twice during each training day.
 - c. If an athlete uses a changing stall, they are responsible for wiping down all touched surfaces with a disinfectant after they are done using the stall.
 - d. Disinfectant must be identified by a reputable source to be effective in mitigating the spread of COVID-19. The Government of Canada's list of disinfectants can be found at: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html>¹
 - e. It is the responsibility of the club(s) training at the facility to ensure that these disinfection protocols are followed.
5. Personal Equipment: Users of the facility must bring their own equipment. No equipment will be supplied by Freestyle Ontario. Sharing of equipment is prohibited. This includes skis, helmet, boots, wetsuit, towel, etc...
6. Indoor areas:
 - a. Storage Room: The storage room is closed to anyone other than Freestyle Ontario staff or those approved by Freestyle Ontario staff. Only Freestyle Ontario staff or those approved by Freestyle Ontario staff may enter this area.
 - b. Changing stalls: When possible, athletes are to arrive at the facility changed, and ready to train. An individual stall will be available to change if absolutely necessary. The athlete using the stall is responsible for wiping down all touched surfaces with a disinfectant after use.
7. Health of Facility Users:
 - a. No person demonstrating COVID-19 symptoms may access the facility.
 - b. Persons considered at greater risk if they contract COVID-19 by provincial,

¹ <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html>



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national, or global health authorities are encouraged to execute a heightened level of caution and judgement before deciding to use the ramp, and during their time at the facility.

- c. All athletes, coaches, FO staff, and spectators must complete Freestyle Ontario's COVID-19 screening assessment prior to accessing the facility each day. The assessment can be accessed at: [here](#).

8. Spectators:

- a. 100 spectators are permitted to watch from the designated spectator area. This area is the area between the water ramp/trampoline facility fence, the trailer, the shed, and the entirety of the gazebo. If a Horseshoe guest wishes to use this area, or if the area is booked for some other use, spectators must accommodate the needs and desires of the guest or booked party.
- b. Spectators must maintain a minimum distance of 2 metres from all other individuals from outside their household.
- c. Spectators who do not follow these COVID protocols may be asked to leave.

9. Duty to Report:

- a. Any incident connected to the use of the facility that could result in the spreading of COVID-19 must be reported immediately to Freestyle Ontario.
- b. In the event an attendee of the facility contracts COVID-19 within 14 days of attending the facility, the attendee must report the case to FO immediately.

10. Failure to Comply: Failure to follow these protocols may result in a temporary or permanent suspension of facility access privileges. The decision to initiate this suspension can be made at the sole discretion of the most senior Freestyle Ontario staff member made aware of a violation of this policy. No refund on facility passes, camp fees, or FO membership fees will be issued as a result of this suspension. Freestyle Ontario's Discipline Policy may be engaged following such a suspension.

PROTOCOL ADJUSTMENTS

The COVID-19 pandemic is a rapidly evolving and dynamic situation. These protocols may change without prior notice. Any changes will be published on Freestyle Ontario's policy page, which can be accessed at: <https://freestyleontario.ski/policy>