



FREESTYLE COACH PATHWAY

CHECKLIST FOR COMPETITION DEVELOPMENT (HP CLUB TEAMS, PROVINCIAL TEAM)

PRE-REQUISITES

| MOGULS | SLOPESTYLE | HALFPIPE | MODULES | TYPE | DELIVERED BY | REGISTRATION LINK | Pre-requisite(s) |
|--------|------------|----------|---------------------------------|----------------------|-------------------|---|------------------|
| ✓ | ✓ | ✓ | Making Headway in Freestyle Ski | Freestyle-specific | The Locker | https://thelocker.coach.ca/ | |
| ✓ | ✓ | ✓ | Safe Sport Training | NCCP Multisport | The Locker | https://thelocker.coach.ca/ | |
| ✓ | ✓ | ✓ | Make Ethical Decisions | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Planning a Practice | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Skiing Skillz - Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | |
| ✓ | ✓ | ✓ | Park and Pipe - Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | |
| ✓ | ✓ | ✓ | Moguls - Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | |
| ✓ | ✓ | ✓ | Air 1 Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | |
| ✓ | ✓ | ✓ | Air 2 Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | Air 1 Evaluation |
| ✓ | ✓ | ✓ | Air 3 Evaluation (A + B) | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | Air 2 Evaluation |
| ✓ | ✓ | ✓ | Air 4 Evaluation (A + B) | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | Air 3 Evaluation |

COMPETITION DEVELOPMENT COACH (HP CLUB TEAMS, PROV TEAMS)

| MOGULS | SLOPESTYLE | HALFPIPE | MODULES | TYPE | DELIVERED BY | REGISTRATION LINK | Pre-requisite(s) |
|--------|------------|----------|---|--------------------|------------------|---|-------------------------------|
| ✓ | | | Comp Dev Moguls Technical Module | Freestyle-specific | Freestyle Canada | | Skiing Skills + Moguls |
| ✓ | ✓ | | Analyze Technical & Tactical Performance Moguls | Freestyle-specific | Freestyle Canada | | Skiing Skills + Park & Pipe |
| ✓ | ✓ | | Comp Dev Slopestyle Module | Freestyle-specific | Freestyle Canada | | Skiing Skills + Park & Pipe |
| ✓ | ✓ | ✓ | Analyze Technical & Tactical Performance Slope | Freestyle-specific | Freestyle Canada | | Skiing Skills + Park & Pipe |
| ✓ | ✓ | ✓ | Comp Dev Half Pipe Module | Freestyle-specific | Freestyle Canada | | Skiing Skills + Park & Pipe |
| ✓ | ✓ | ✓ | Analyze Technical & Tactical Performance HalfPipe | Freestyle-specific | Freestyle Canada | | Skiing Skills + Park & Pipe |
| ✓ | ✓ | ✓ | Design a Basic Sport Program | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Managing Conflict | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Coaching and Leading Effectively | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Developing Athletic Abilities | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Prevention and Recovery | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Psychology of Performance | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Leading Drug Free Sport | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Performance Planning | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | Developing Athletic Abilities |
| ✓ | ✓ | ✓ | Manage a Sport Program | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | |
| ✓ | ✓ | ✓ | Advanced Practice Planning | NCCP Multisport | CAO | https://www.coachesontario.ca/calendar/ | Performance Planning |
| ✓ | ✓ | ✓ | Doubles on Trampoline | Freestyle-specific | Freestyle Canada | | Air 2 Trampoline Inverts |
| ✓ | ✓ | ✓ | Doubles on Airbag / Water Ramp | Freestyle-specific | Freestyle Canada | | Doubles on Trampoline |
| ✓ | ✓ | ✓ | Doubles on Snow | Freestyle-specific | Freestyle Canada | | Doubles on Airbag / Water |

| MOGULS | SLOPESTYLE | HALFPIPE | MODULES | TYPE | DELIVERED BY | REGISTRATION LINK | Pre-requisite(s) |
|--|--|--|---|----------------------|-------------------|---|----------------------------------|
| All above completed = COMP DEV MOGULS TRAINED | All above completed = COMP DEV SLOPESTYLE TRAINED | All above completed = COMP DEV HALFPIPE TRAINED | Make Ethical Decisions Online Evaluation | NCCP Evaluation | The Locker | https://thelocker.coach.ca/ | |
| ✓ | ✓ | ✓ | Leading Drug Free Sport Online Evaluation | NCCP Evaluation | The Locker | https://thelocker.coach.ca/ | |
| ✓ | ✓ | ✓ | Managing Conflict Online Evaluation | NCCP Evaluation | The Locker | https://thelocker.coach.ca/ | |
| ✓ | ✓ | ✓ | Double on Trampoline Trained + Air 2 Evaluation | Freestyle Evaluation | Freestyle Ontario | https://freestyleontario.ski/coaches | |
| ✓ | ✓ | ✓ | Doubles on Airbag Evaluation | Freestyle Evaluation | Freestyle Canada | | Air 2 Evaluation |
| ✓ | ✓ | ✓ | Doubles on Snow Evaluation | Freestyle Evaluation | Freestyle Canada | | Doubles on Airbag Evaluation |
| ✓ | ✓ | ✓ | Moguls In-Training Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Moguls Technical Module |
| ✓ | ✓ | ✓ | Slopestyle In-Training Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Slopestyle Module |
| ✓ | ✓ | ✓ | Half Pipe In-Training Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Half Pipe Module |
| ✓ | ✓ | ✓ | Moguls In-Competition Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Moguls Technical Module |
| ✓ | ✓ | ✓ | Slopestyle In-Competition Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Slopestyle Module |
| ✓ | ✓ | ✓ | Half Pipe In-Competition Evaluation | Freestyle Evaluation | Freestyle Canada | | Comp Dev Half Pipe Module |
| ✓ | ✓ | ✓ | Moguls Comp Dev Portfolio | Freestyle Evaluation | Freestyle Canada | | Comp Dev Moguls Technical Module |
| ✓ | ✓ | ✓ | Slopestyle Comp Dev Portfolio | Freestyle Evaluation | Freestyle Canada | | Comp Dev Slopestyle Module |
| ✓ | ✓ | ✓ | Half Pipe Comp Dev Portfolio | Freestyle Evaluation | Freestyle Canada | | Comp Dev Half Pipe Module |
| All above completed = COMP DEV MOGULS CERTIFIED | All above completed = COMP DEV SLOPESTYLE CERTIFIED | All above completed = COMP DEV HALFPIPE CERTIFIED | | | | | |